

One-Day iBEDSSMA symposium

Date

Friday October 2, 2026

Venue

Sparks – Ravenstein street 60 – 1000 Brussels

Accreditation

RIZIV/INAMI – will be requested for dentistry and medical doctors



VISIT OUR WEBSITE: www.ibedssma.be
or send an email to contact@ibedssma.be

Program Friday October 2, 2026

08:00	Registration and Breakfast	
08:55	Welcome	Olivier Vanderveken, president iBEDSSMA
	<i>Chairs: Sara Op de Beeck, Anne-Lise Poirrier, Olivier Vanderveken</i>	
09:00 - 10:30	Introduction to the Different Physiological Burdens of OSA	Dries Testelmans, Leuven
	<u>KEYNOTE LECTURE (9:30-10:30)</u> New Metrics to Assess Consequences of OSA with emphasis on Ventilatory Burden and Flow Limitation frequency	David Rapoport, NY, USA
10:30 - 11:00	Coffee break	
	<i>Chairs: Ellen Collier, Muriel Lins, Tom Vauterin</i>	
11:00 - 12:30	Mandibular Advancement Device Therapy for OSA: New Insights from Recent Literature and Innovations	Ghizlane Aarab, Amsterdam, NL
	Hypoglossal Nerve Stimulation for OSA: Clinical Progress and Year in Review	Olivier Vanderveken, Antwerp
12:30 - 13:00	General Assembly iBEDSSMA	
13:00 - 14:00	Lunch Break	
	<i>Chairs: Sonia De Weerd, Marijke Dieltjens, Hanne Pellens</i>	
14:00 - 15:30	Somatic Symptoms (sweating, headaches, reflux and nocturia) in OSA	Johan Verbraecken, Antwerp
	Sleep Under Pressure: Substance Use, Psychotropic Medications, and Insomnia	An Mariman, Ghent
15:30	Award ceremony and reception	